




Saint Rose of Lima Nutrition Center February 2010

February 1 Chicken Nuggets Rice w/vegetables Choice of fruit Tea Roll Or Turkey Sandwich	February 2 Hamburger on roll Tater Tots Seasoned Carrots Choice of fruit Or Turkey Sandwich 	February 3 Nachos w/cheese, salsa Tossed salad Choice of fruit Cookie Or Turkey Sandwich	February 4 French Toast Sticks Bacon Hash Brown Stick Choice of fruit Or Turkey Sandwich	February 5 Pizza Green beans Choice of fruit Or PBJ
February 8 Pancakes w/syrup Sausage links Hash Brown Stick Choice of fruit Or PBJ	February 9 Chicken Fajita Salsa, cheese Buttered rice Choice of fruit Or PBJ	February 10 Chicken Noodle Soup Turkey Sandwich Celery & carrot sticks Choice of fruit Or PBJ	February 11 Pizza Potato chips Baked beans Choice of fruit Or PBJ	February 12  NO SCHOOL  
February 15  NO SCHOOL	February 16 Spaghetti w/meat sauce Tossed Salad Italian Bread Choice of fruit Or Hot dog on roll	February 17 Egg and Cheese on English Muffin Hash Brown Stick Choice of fruit Or PBJ	February 18 Turkey & gravy Mashed potatoes Corn, tea roll Choice of fruit Or Hot dog on roll	February 19 Pizza Mixed vegetables Choice of fruit Or PBJ
February 22 Tomato Soup Grilled Cheese Goldfish crackers Choice of fruit Or Bologna & cheese sand. 	February 23 Fish sticks Macaroni & cheese Stewed tomatoes Choice of fruit Or Bologna & cheese sand.	February 24 Grilled Ham & cheese French fries Baked beans Choice of fruit Or Bologna & cheese sand.	February 25 Waffles w/syrup Ham slice Hash brown stick Choice of fruit Or Bologna & cheese sand.	February 26 Pizza Lettuce salad w/dressing Choice of fruit Or PBJ